# Mentoring...Works!!

- Youth who have mentors are 55% more likely to enroll in college.
  - Mentors make children feel capable and important.



- Mentoring helps young people make the decisions and connections that lead to improved opportunities.
  - Young people need adults in their lives who express care, challenge growth, provide support, share power, and expand possibilities.
- · Mentoring brings the invisible child into view.
- Everyone does better when they know unconditionally that they matter.
- Mentors empower young people to make smart choices that put them on a path to making better life decisions.

Find Out More

www.guilfordmentoring.org 203-453-2741, Press 7

#### SHOW KIDS THEY TRULY MATTER

"My mentor and I have similar interests, including skiing and sports, and he genuinely has my best interest in mind, and it has been invaluable to have someone like that who looks out for me and is always willing to give sound advice."

-Guilford High School Senior





## Become a Mentor

...Make a Difference



Find Out More

www.guilfordmentoring.org

203-453-2741, Press 7

#### SHOW KIDS THEY TRULY MATTER

"The mentoring program has had an amazing impact on my life over the past 7 years. I was introduced to the idea of having a mentor back in 5th grade and ever since then I could not imagine what it would be like to not have a mentor."

-Guilford High School Senior







## GYM

enhance the lives of our students so that they feel important and valued. All kinds of kids benefit from mentors and all kinds of mentors enrich our kids.

We provide mentors in all 7 schools to

### Mentors

They make a difference for kids in our community by showing they care enough to volunteer their time while also gaining personal fulfillment by contributing to their community.

#### Mentees

They develop positive attitudes and know that they are valued. Teens make smart choices and avoid high risk behaviors. They know that they matter.









#### SHOW KIDS THEY TRULY MATTER

"My mentor has shown me that someone who you do not know can show you a new side of yourself and give you the foundation and the support to realize your fullest potential.

Whenever I have had a dilemma or have found myself lost and confused, I have always known that he would help me and that together we could solve or remedy any situation."

-Guilford High School Senior





## GUILFORD YOUTH MENTORING



## THE POWER OF RELATIONSHIPS

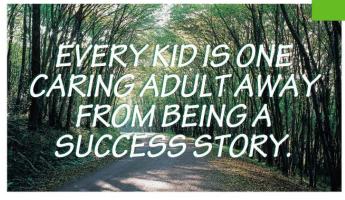
We are an award winning, school based mentoring program that has been pairing caring adults with Guilford, Connecticut's children for more than 20 years. We mentor students in every school in Guilford, but we always have more children waiting.

### CONNECTIONS

Mentoring provides meaningful connections that impact the people involved and influence their lives at home, at work, and in their communities. For those who are being mentored, it is linked to improved academic, social and economic prospects. For those who are mentoring, the relationship can build leadership and management skills, expand a mentor's professional network, and provide an empowering opportunity to give back to the community.



## YOUNG ADULTS WITH A MENTOR ARE:



55% less likely than their peers to skip a day of school

78% more likely to volunteer regularly 90% are interested in becoming a mentor 130% more likely to hold leadership positions

#### SHOW KIDS THEY TRULY MATTER

"My mentor is a great role model. He has shown me that he is there for me and that men can be reliable and responsible. He always makes sure I am ok emotionally and in the meantime keeping up with my schoolwork."

-Guilford High School Senior





## Curious About Mentoring?

 There are 165 Guilford Mentors donating 7,500 hours yearly.



- Mentors meet weekly with students during the school day at their school.
  - Mentors provide positive role models.
    - Mentors make children feel capable and important.
- · Mentors receive consistent support from school staff.
- · Many of your friends and neighbors are mentors.
- Mentors are willing listeners.

Find Out More www.guilfordmentoring.org 203-453-2741, Press 7

#### SHOW KIDS THEY TRULY MATTER

"There are not enough positive things I can say about the mentoring program. I would encourage any student that is considering being involved in the program to make the most of that opportunity."

-Guilford High School Senior





#### WHY WE MENTOR

"Mentoring gives us an opportunity to make a difference in someone's life no matter how big or small.

It's about giving back!"
-Shift Cycling Mentors

"We love mentoring because there is really no agenda. We get to build relationships with our mentees where we are not their coach, their teacher, their tutor nor their parent. We are simply their friend. Our only job is to show them that they are important and we love doing that"

-Dani & Rob Howard (Mentors)

"I love seeing my mentees' smiling faces when I arrive at school and even more so when I run into them around town. I really enjoy seeing the impact we have on their lives."

-Gary Drake (Mentor)

"I love mentoring knowing that I am there to listen, to be in a place where there is no judgment and to be a caring friend."

-Karen Bergantino (Mentor)



Please give us a call and talk with us about joining our welcoming

community of mentors. Our awardwinning program has been pairing
caring adults with Guilford's children
for more than fifteen years. Now we
mentor students in every school in
Guilford, but we always have more
children waiting. You can help us reach
our goal of matching a mentor with
every child who wants one.

"My mentor has given me the strength to achieve what seems just out of reach."

- A Graduating Senior

#### Guilford Youth Mentoring

Lisa Ott Simona Nerney Lisa MacDougald Barbara Solomon—Founder



Making a difference...

One hour at a time

Phone: 203-453-2741, Press 7
www.guilfordmentoring.org
guilfordmentoring@gmail.com

605 New England Road Guilford, CT 06437



#### Why is mentoring important?

- We make children feel important and capable.
- We help young people face daily challenges.
- Young people who had a mentor are 78% more likely to volunteer regularly and 90% want to mentor themselves.

#### What is mentoring?

- An on-going relationship with a student that can last from elementary through high school.
- Meeting one-on-one with a student for approximately one hour every week during the school year.



## Guilford Youth Mentoring

#### Who are our mentors?

- Caring adults who volunteer their time to spend with a child.
- Men and women, retirees, bankers, artists, police officers, homemakers, small business owners—just regular people.
- Willing listeners who are patient, flexible, encouraging and supportive.
- It doesn't take a particular kind of person to be a mentor—just a kind person.



#### Who are the students we mentor?

 Regular kids dealing with the challenges of growing up.



#### What do mentors do?

- Show up every week and be reliable, dependable adults.
- Enjoy the time they spend with their students.
- Make a one-year commitment to the relationship with their student.
- Play games or sports (indoors or out), do arts and crafts, just talk and listen whatever the pair decides to do together.

#### SHOW KIDS THEY TRULY MATTER

"My mentor has been a strong motivator and support-line for me. He has had a profound impact on my life and has guided me through the obstacles and challenges of my academic life. Getting to know him has given me the opportunity to better myself and ready myself for a bright and optimistic future"

-Guilford High School Senior



