

High Hopes fosters a vibrant community where horse and human interactions improve lives.

1,405

people benefited from life changing services provided by 15 instructors

387
volunteers
devoted 12,697 hours

22 horses

4,500 bales of hay totaling 180,000 pounds per year

375 bags of grain totaling 18,750 pounds per year

91,250 gallons of water per year



Working with horses provides our participants with social, emotional and physical opportunities they aren't able to experience in their day to day lives.

Thank you Essex Savings Bank and its customers for special consideration of High Hopes in our 50th anniversary year



### one health countless opportunities

Every day, we see the High Hopes mission come to life as our participants take the reins. It never ceases to inspire us, watching the incredible strides they make by building trust and confidence through the shared, unspoken connection with a horse.

That relationship between horses and humans is the heart of our purpose, but it goes much deeper. Our One Health approach recognizes that the health of people is closely connected to the health of animals and our shared environment. This philosophy goes hand in hand with our mission and creates new opportunities to better serve our

participants, horses, farm, and beyond.



### **Our Vision:**

High Hopes' participants
and the community
will be enriched by the
provision of unique and
impactful services which
respond to the changing
needs of our community
with flexibility, creativity
and quality.

For more information or to volunteer please visit us at <a href="https://highhopestr.org/">https://highhopestr.org/</a>
High Hopes Therapeutic Riding, Inc. 36 Town Woods Rd Old Lyme, CT 06371 860.434.1974

#### One Health for people.

- Participants: Providing direct therapeutic services for people with diagnoses, veterans, and others in need
- Families and Caregivers: Improving outcomes for loved ones in a community of unconditional acceptance
- Volunteers: Enriching lives by providing the opportunity to help others and receive training, education, and appreciation
- Staff: Prioritizing a workplace culture of kindness and respect that makes employees feel appreciated and empowered

#### One Health for animals.

- Wellness: Providing the highest quality routine and emergency care for our horses
- Stables: Maintaining optimal living conditions that are clean, safe, and tailored to each equine's needs
- Grounds: Creating a garden to promote a pollinator-friendly habitat and encourage green space to respect all wildlife
- Education: Collaborating with Roger Tory Peterson Estuary Center (RTPEC) for educational programs and staffing

### how we're bringing One Health to life



### One Health for the environment.

- Maintenance: Dedicating yearround staff to protect and care for the property, trails, and wetlands
- Protection: Transferring development rights to the state to protect the future use of the farm
- Reuse and Recycle: Practicing responsible manure management as part of initiatives to recycle and minimize waste
- Green Practices: Using environmentally sensitive pest and weed control methods





# High Hopes Therapeutic Riding 2022—2023 Annual Report

**Founded in 1974** by Sis Gould and a dedicated group of volunteers, High Hopes Therapeutic Riding has grown into a premier accredited therapeutic riding center. The mission of High Hopes is to foster a vibrant community where horse and human interactions improve lives. We serve people with physical, emotional, and developmental disabilities.

Our One Health approach recognizes that the health of people is interconnected with the health of animals and our shared environment. We've watched participants bring newfound confidence back to their communities, we've witnessed the shared pride between horses and participants, and we've felt the wide environmental impact of caring for our trails and wetlands.

Our year-round programs in equine assisted services include therapeutic riding, carriage driving, and equine learning. We also offer experiential learning through outreach programs, an integrated summer camp program, and a variety of volunteer opportunities.

Our training and education opportunities attract students from all over the world. We provide continuing professional education for anyone seeking increased education and lifelong learning.

High Hopes envisions a future where equine assisted services and programs transform and enrich the lives of our participants and volunteers promoting a more engaged, resilient, and fulfilled life.





### 50 Years of Empowering Lives

Message from Board Chair, Peter Watt and Executive Director, Kitty Stalsburg

There are milestones in every organization that inspire a reflective pause and celebration. March of 2024 marks the 50th anniversary of the founding of the Lower Connecticut Valley Educational Riding, Assoc. (or more fondly known as LCVERA) and today, what we know and love as High Hopes Therapeutic Riding, Inc.

The privilege of serving the community through the years, watching lives change, children grow, volunteers smile and horses trotting around the arena has been profound. The ability to impact so many in different ways, and to empower and improve lives, has been the driving force behind this organization.

This annual report provides a reflection of progress through the decades and a path to the future with the unveiling of a new Strategic Plan. We look forward to an impactful future serving the evolving needs of our community. We are deeply grateful for the support of our donors, volunteers and staff who empower the High Hopes mission.



## Annual Report Message from 50<sup>th</sup> Anniversary Co-Chairs

50 years of empowering lives. Our humble beginnings in 1974 began with a single horse and an idea. Today, we celebrate each milestone over the past 50 years. 2024 will be a year of remembrance, reunion and community. From historical photos on social media to recordings of our oral history, we are capturing the journey from Lower Connecticut Educational Riding Association, (LCVERA) to High Hopes Therapeutic Riding, Inc. From nomad to permanent home, from children and adults with disabilities to volunteers of all ages, High Hopes has touched the lives of thousands over the past 50 years. Each week will bring more memories, each event more opportunities to gather and share. We hope you enjoy the ride through history as shared in the annual report. High Hopes invites you to be a part of the celebration. Whether from near or far, share your story or come for a visit. Keep an eye on the website for events throughout the year. Happy 50th!

Jane and Keith Bolles Holly and Jeff Ridgway 50th Anniversary Co-Chairs





The Lower Connecticut Valley Educational Riding Association had life-transforming aspirations.

That legacy guides us today and into the future.

# Inspiring Hope 1974-1983

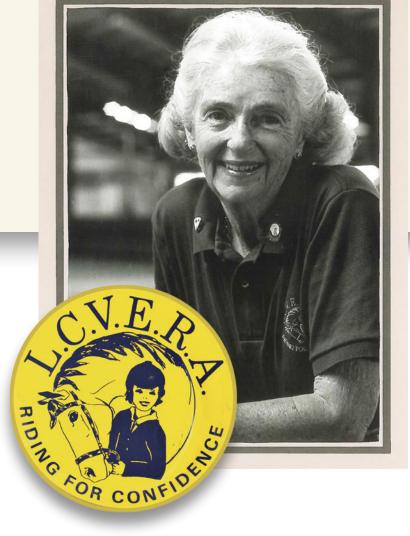
#### **Major Events**

- ★ 1974 Lower Connecticut Valley Educational Riding Association founded by Sis Gould. Eight riders from Essex Elementary School, 10 volunteers, eight riders and borrowed horses.
- ★ 1977 High Hopes passed a rigorous review to receive a provisional accreditation by PATH International (formerly NARHA).
- ★ By 1979 High Hopes had 28 riders, 32 volunteers and a paid riding instructor, operating in three separate rented locations. In 1979 High Hopes also became one of the first therapeutic riding centers in the country to receive full accreditation from PATH International (formerly NARHA)
- ★ Spring 1979 inception of volunteer training program. First seminar was a four hour session. "A well-trained core of volunteers is the single most important key to the success of this program."
- ★ Expanded to three locations in 1979 three CP children receiving therapy at the Gould's, six learning disabled children from Essex Elementary School at Crickelwood Farm in Lyme, and 18 children from Madison/Guilford at Race Hill Farm in North Madison.

Sis worked tirelessly to make the experience of horses and horseback riding available to all people, especially those with physical, mental, or emotional needs. She was convinced that horses, riding them and caring for them, could do wonders for confidence and self-esteem.











# Foundation of Hope 1984-1993

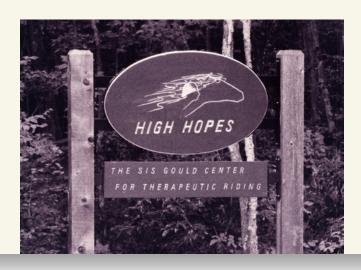
#### **Major Events**

- ★ 1985 we purchased two horse trailers, hired an executive director, hired a part-time physical therapist and added a volunteer instructor/physical therapist to our therapy team. We were serving 69 riders with 74 volunteers. Operating out of four different locations made it difficult to deliver our services and care for the horses.
- ★ Friday, June 27, 1986 first Symphony in the Meadow, hosted by Mr. and Mrs. Frank Hamilton in Hadlyme. New Haven Symphony Orchestra performed. Mrs. George Bush was honorary chairman of the event.
- ★ In 1986 we were able to lease a facility in Lyme, Connecticut.
- ★ October 4, 1987 designated National Ride-A-Thon Day in the state of Connecticut by Governor William

- O'Neill in tribute to the members of the Lower Connecticut Valley Educational Riding Association and in support and appreciation of its work.
- ★ Leased with option to buy Mr. and Mrs. John Roberts' land on Town Woods Road with State of Connecticut approval for use.
- ★ April 1989 name change contest 77 suggestions winnowed to four. The winner was Cookie Strong with "High Hopes."
- ★ 1990 Named for the founder of High Hopes, the Sis Gould Center for Therapeutic Riding opened in Old Lyme in 1990, providing a single permanent home for High Hopes. We began operations in the new center with nine staff members and 13 horses, serving 85 participants per week with help from 150 to 200 volunteers.



In 1989 new logo is executed by Lionetti but the design was by former board member Bruce McGhie.



- ★ October 1990 Dedication ceremony and opening day celebration at 36 Town Woods Road. Executive Director Judith Lovelace. Served 80 participants ages 2-56, with 210 volunteers and 12 horses.
- ★ November 1990 Delta Society awarded High Hopes the International Model Therapeutic Riding Program Award, recognizing High Hopes for "setting a standard of excellence to which all other therapeutic riding programs should aspire." Delta Society is an international organization dedicated to promoting the animal-human bond through research and education.
- ★ 1992 An anonymous challenge grant of \$100,000 is given to High Hopes and met! The Scholarship program is initiated. Ronald McDonald Children's Charities gives High Hopes a major grant to pave stable aisles, build a new mounting ramp and purchase an overhead lift all to facilitate handicap access.

- ★ 1991 first winter program 5 weeks indoors
- ★ Host site for the 1993 Connecticut Special Olympics Equestrian Games on June 11, 1993. Over 40 athletes from Connecticut competed.
- ★ 1993 Opening ceremonies for the newly rebuilt Baldwin Bridge. We rode across on horseback.



# Organizing Hope 1994-2003



#### Major Events

- ★ High Hopes was the first independent therapeutic riding center approved to teach the PATH Intl. instructor training course. Only five centers nationwide are approved to teach this course which is designed to prepare students for NARHA's three-level instructor certification exam.
- ★ 1995 High Hopes loses its founder, Sis Gould.
- ★ 2000 High Hopes program director, Kitty Stalsburg is elected President of NARHA Board of Directors; Kathy Heller named 2000 NARHA National Adult Independent Rider of the Year; Anita P. "Tia" Smith named 2000 NARHA Region I Volunteer of the Year; Cody 2000 NARHA Region I Horse of the Year.
- ★ 1999-2000 Acquired an additional 62 acres of land contiguous to existing property for a total of 125 acres, thanks to both Daitch and Guitar families.



In 1995, High Hopes hosted the Equestrian events in the Special Olympics World Games, attracting 174 riders from 22 states and 30 foreign countries, resulting in national recognition beyond the therapeutic riding industry.



- ★ 2000 Completed \$2.6 million Capital & Endowment Campaign for the renovation and expansion of the Sis Gould Center for Therapeutic Riding.
- ★ By 2001, High Hopes had completed another milestone campaign that provided the funds to expand the facility to include a classroom, therapy room and office space for its growing staff.
- ★ July 2002 Hosted the NARHA Region 1 Conference attended by 150 professionals and volunteers from other therapeutic riding centers in the Northeast. Conference was kicked off with our first ever ITC reunion.
- ★ 2002 The Cain family established a fund for High Hopes in member of George Cain, FDNY Ladder 7 firefighter who lost his life in the World Trade Center on Sept. 11, 2001
- ★ Teddy named PATH Region I Horse of the year.
- ★ Sarah Miller named PATH Region I Credentialed Professional of the Year.



# Building Hope 2004-2013

#### Major Events

- ★ 2005 September 29, 2005 declared High Hopes Volunteer Day throughout the state of Connecticut by proclamation from Governor Jodie Rell.
- ★ 2007 We are named a Horse Farm of Environmental Distinction per the Connecticut Horse Environmental Awareness Program.
- ★ 2009 First High Hopes Hoedown.
- ★ 2009 First year of Horses for Heros veterans program.
- ★ 2009 First year collaborating with L&M Hospital. Project was first year of week-long Autism Immersion camp.
- ★ 2009 First year for Horse Sense summer program.
- ★ 2009 High Hopes received a Connecticut General Assembly Official Citation with congratulations in recognition of the 35th anniversary.
- ★ 2012 High Hopes chosen as a "Champion in Action" by Citizens Bank. Award includes a \$10,000 grant.
- ★ 2012 Created the Legacy Society.
- ★ 2013 Camp Harkness pilot program. Half Pint, Buddy, and Hummer were chosen for riding lessons. Candy and Lightning were the carriage driving horses.





Horse Sense was created in 2009 to meet an increasing focus of High Hopes' program development to meet the needs of young people in crisis.



# Planning Hope 2014-2023

#### Major Events

- ★ 2014 We have a new, 21st century logo.
- ★ 2019 Successful completion of \$3 million Share Hope endowment campaign.
- ★ 2019 Recognized as a 2019 Equus Foundation Guardian.
- ★ 2020 3/17/2020 at 12pm, High Hopes closes due to Covid-19.
- ★ 2021 Tailgate Big Barn Bash
- ★ 2023 First Nature Day in collaboration with Denison Pequotsepos Nature Center, Friends of the Forest, and Roger Tory Peterson Estuary Center.

- ★ 2023 April Wellness retreat for 30 women with therapeutic journaling, yoga and mindfulness with horses.
- ★ 2023 May First Responders/Veterans Open House in collaboration with Groton and Southern Police Departments, IHeart Radio and featuring seven police comfort dogs.
- ★ 2023 Summer piloted new "Healing Hearts" program for women with stress/anxiety/depression/ PTSD/grief – a weekly unmounted program.
- ★ 2023 Equus Foundation awarded High Hopes the Guardian Seal of Transparency.
- ★ 2023 Equus Foundation awarded High Hopes the Horse Whisperers Award.





From 2019 to 2023 High Hopes is named a PATH International Premier Accredited Center.





# Annual Giving



High Hopes greatly appreciates the individual donors who have invested in our mission.

Scan QR code for a complete list of donors, or please visit:

https://highhopestr.org/about/annual-reports/2022-2023-individual-donors/



#### Foundation Support

Branford Community Foundation

Chamber of Commerce of Eastern CT

Chester Kitchings Family Foundation

Chichester duPont Foundation, Inc.

Citizens Charitable Foundation

Community Foundation of Eastern Connecticut

Community Foundation of Greater New Haven

Community Foundation of Middlesex County, Inc.

EBB Tithes, Inc. The Eleanor Rickel Charitable Foundation

Edward and Mary Lord Foundation

Erwin C. Bauer Charitable Trust

Frank Loomis Palmer Fund

Gardiner Family Foundation

Hartford Foundation for Public Giving

Howe Charitable Fund

Kitchings Family Foundation

Laura J. Niles Foundation, Inc.

MHK Foundation

Michele and Agnese Cestone Foundation

Nordson Corporation Foundation

Old Saybrook Rotary Club Foundation

Pine Bar Cornerstone Foundation

Prtichard Family Foundation

The Benevity Community Impact Fund

The Equus Foundation, Inc.

The Hope Goddard Iselin Foundation

The Howard Bayne Fund

The Louise H. & David S. Ingalls Foundation

The Madison Foundation

The R.S. Gernon Trust

The Rockfall Foundation

The SPOUT Foundation

The Taft Foundation

The Westbrook Foundation

Thompson Family Foundation

Triangle Community Foundation

United Way of Central and Northeastern CT

Vermont Community Foundation

Wireless Zone Gives



#### Corporate Support

A.J. Shea Construction LLC

All American Waste, LLC

All Pro Automotive

Alternative Business Accommodations

Aludium

Amanda Surveski Wildlife Art

Amazonian Skinfood

American Cruise Lines

Andre Prost, Inc.

Annalyn Jewlery

Anonymous

Ariston Floral Boutique

Artemisia, Inc

Atlas Holdings LLC

Atlas Outdoor Living

Autumn & Violet

Beacon Hill Books & Cafe

Benchmark Wealth Management, LLC

Benedetto Heating & A.C., LLC

Big Y

Birdling Bags

Black Hawk Fishing

Black Orchid Skincare

Bridgewell Resources

Brushlie Design

Bureau's Sugarhouse and Maple

Kettle Korn

Burnett's Landscaping, Inc.

Carefree Boat Club - Southeastern CT

Carlex

CarolHuntsDesigns

Cartier Optical, Inc.

Cash True Value

Center Street Soap Company

Centerbrook Architects and Planners

Charter Oak Credit Union

Chelsea Groton Bank

Clif Bar and Company

Citizens Securities - Ted Schaaf

Coffee's Country Market

Colchester Curry House

Cold Spring Farm

Connecticut Club

Managers Association

Connecticut Dressage Association

Connecticut Orthopaedics in Essex

CorePlus Credit Union

Cottage Potter

Crunchy Diva Designs

Cybergrants

Daniels Energy, Inc.

Detail Freak

Deveaux Lawn & Landscape

Dime Bank

Dominion Energy

Dragon Fly Jewelry

Dreamscapes Marketing & Design

Duncan Downie's Septic & Excavation

Durham Equestrian

East Haddam Fish and Game Club

Fastern CT Chamber of Commerce

Elea

Empowered by Wellness, LLC

Environmental Systems Corp

Equine Insight

Erin DeLuca Jewelry

Essex Marine Group

Essex Savings Bank

Eversource

Excessorize

**Exencial Wealth Advisors** 

Essence Center for

Beauty and Wellness

Fiber & Mud - Flatland Alpacas

Fidelity Charitable

Finch Paper LLC

Finkeldev BMJ

Fit Focused

Flanders Fish Market & Restaurant

Fos Scale Models

Four Dogs Woodworking, LLC

Franklin Organic Mushrooms, Inc.

Fromage Fine Foods & Coffees

Fryborg

Generators On Demand

Geneve Corporation

Gold Goats farm

Gold Leaf Home

Gordon ADR

Grand Prix Equine

Grand Wine & Spirits

Granite Shore Power

Granny's Pie Factory

Guilford Savings Bank **Gull Associates** 

Hall Communications, Inc.

Heidi Taschen

Holm-Hansen Woodturning

Homeward Collective

Ice Cream Emergency

International Wire Group

JD Guenther Associates LLC

Jean and John King

The Herb Chambers Companies

Julia Balfour, LLC

Junk 2 Junque

K Blake and Company

Killam & Bassette Farmstead, LLC.

Killingworth Lions Club

Kindle Energy

Kingsville Grower Nursery

Kiwanis Club of New London

La Fonda on the Plaza

La Gondola Providence Inc.

Lawrence + Memorial Hospital

Laysville Center Hardware

Liberty Bank

Little Bee of Connecticut

Lorensen Auto Group

LSC Communications

Lydia. Tucci Jewelry

Mahi Gold Outfitters

MAR Florals



### Corporate Support

continued

Marcal Paper

Marilyn Mae Farm LLC

MarnaRoons

Matunuck Oyster Bar

Mellifera Pottery

Meriano's Bakery & Cannoli Truck

Middlesex Health

Millar Western Forest Products

Mohegan Tribe

Morgan Stanley - Dave Adams

Munchies Food Truck, LLC

Musical Masterworks

New England Power Equipment

Nic and the Newfie

Novak Brothers Landscaping

NPX ONE LLC

Ocean Visits

Underwater Photography

Oh Fudge and More, LLC

Old Lyme Landscape

Overabove, LLC

Paulson Training Programs, Inc.

Pearls & Plaid

Penny Lane Pub & Restaurant

Perfect Poundcake

Permasteelisa Group

Polished Medspa

Pough Interiors

Power Posse Productions

Principle Wealth Partners

Purring Pottery

Queenvanna Creations

R.J. Julie Booksellers

Red Built

Reynolds' Subaru & Reynolds Boats

River Valley Periodontics

& Implant Dentistry

Robinson+Cole

Rotary Club of Deep River

S.D. Hallahan Housewright, Inc.

Sabina Furst Designs

Salon Pure

Sandy Thurston

Sankow's Beaver Brook Farm

Santa Fe Opera

Saxco International LLC

Savbrook Home

Saybrook Point Resort and Marina

Shagbark Lumber & Farm Supplies

Shetucket Valley Pony Club

Shoreline Eye Group

Shoreline Ladies Golf League

Shoreline Pediatric Neuro-

psychological Services, LLC

Simply K Studio

Slocum & Sons

Smith Brothers Insurance

Southern Reins

Center for Equine Therapy

SP Richards Co

Spark Brighter Thinking

Sperry View Farm

Stanley Black and Decker

Stonington Vineyards

Stryten Energy

Sunset Farm

SuperSeedz

Supreme Hot Dog

Sweet Seidner's

Taylor Rental Party Plus

Terra Firma Farm

The Blue Hound

The Capitol Grille

The Chocolate Shell

The E List

The Ear Inn

The Florence Griswold Museum

The Guilford Savings Bank

The Hartford

The Ivoryton Playhouse

The RiverLane

The Rolling Tomato

The Spring Wellness

The Study at Yale

The Tardy Twins

The Williams School

The Ocean House

The Woolly Sisters

Thierry, Inc.

Timothy Pamment Salon

**Tops Products** 

Tower Laboratories

Town of Old Lyme

Travelers Community Connections

**Treasures** 

Treatzles

Treefort N saturals

Twin Rivers Paper Company

Two B's Accessories

United Aq & Turf

United Parking LLC

Valenti Auto Group

Vegetable Ivory

Veritas Steel LLC

VFW Post 1467

VFW Post 4608

Water-Flo Inc.

Waterford High School

Waterview Landscaping

Waystone Farm, LLC

Wendy Clare Designs

Wicked Tulips

Wild Carrot Woven

William Pitt/Sotheby's

International Realty

Wolf Tree Landscape

Architecture, LLC Yali Stonington

You, Me and The Sea Essex



#### In Honor Of

Barbara & John Kashanski

Cemmy and Michael Ryland

Churro

Clay Gilbert

Cole and Warrior

Debbie and John Welles

Ed and Mary Jane Fegan

Emma Smith

Greg and Tina Szoka Rheaume & the 4 leggeds

Holly Ridgway

Holly Webb

Janet M. Romanowski

Josh Webster

Lynn Fuda

Maris Wacs

Mark Czmyr

Matthew, James and Andrew Scotella

Melinda Stelzner

Michael Gumbardo

Oliver

Olusegun I Akinwande and Funmilayo O Akinwande

Our Horses

Pat Carta

Patti Coyle

Peter Curley and Elaine Gordon

Rachel Halterman

Reese Harvey Harris III

Robin Wallace

Ronald and Janet Romanowski

Ryan and Linda Romanowski

Sandy Mulligan

Sarah Hill Canning

Savannah

Scotella Boys

Sue Chodorov and Bob Crane

The Curley-Scotella Family

Tommy Willis

Trudy and Todd Burgess

Wilhem Meya and Barbara Willkens

#### In Memory Of

Aileen Livingston

Allison Bond

Anne Murphy Hall

Annette M. Pelletier

Ashley Key

Bill Prout

Candy

Charmer

Chris Coyle

Christina Watson

Cissie Keogh

Dan Marderosian

Danielle Fogle

David Regan

Dawn Fisher

Don Schmaling and his huge love of horses

**Donald Morrell** 

Dr. Robert C. Recor

Ellen Au-Yang

Gurdon B. Wattles

Hillary McCurdy

Jake Jacobs

Joanne Centola

Joe Elnisky

John Greene

John Poer

Jon-Paul Moore

Joseph Curley

Joy Hewitt

Julian Colelli

Kathleen Colangelo Record

Lousie C. Fezza

Margot Donkin Morgan

Nancy Cash

Nancy Harris

Natalie Bieber

Peter Bierrie

Petra Shearer

Siborg Memorial

Sis Gould

Steve Manne

Steve Slanoc

Tony Thurston

**UC** Songmaster

Vodka and Cali





The Legacy Society recognizes donors who have established a planned gift. These meaningful intentions ensure High Hopes can deliver on our mission for years to come. The Legacy Garden overlooking Hartman Pond is a tranquil place celebrating members of the Society.

#### Legacy Society

Anonymous

Matt Abrams and Dr. Barbara Abrams

Mary Bell

Barbara Benjamin

Jane and Keith Bolles

Eleanor Bonafonte

Gary F. Borla

John M. and Athana Catlett

Hannah Childs

James M. Childs

Susan K. Childs

Susan Crane-Chodorov and Robert Crane

Judith Cohen

Marjorie (Marge) Curtis

Elizabeth L. David

Janie Davison\*

Emily T. Fisher

Sherley and Michael Furgueson

Koko Gildersleeve

Hon. Elaine Gordon and Peter J. Curley

Cheryl Heffernan

Joanne M. Ives

Frank E. Jarrabeck and Francis C. Cowgill

Judith\* and Richard Lightfoot

Barbara McGhie\*

Sandy and Robert Mulligan

Margaret and Earl Mummert

Penny Nelson

John and Heidi Niblack

Susan Peacock

John and Lee Pritchard

Jeffrey and Holly Ridgway

Linda Rogers

Matthew and Cheryl Sheridan

Roger\* and Marcia Smith

Seymour and Tia Smith

Deb Tietjen-Smith

Kitty Stalsburg and Robert Hageman

Anthony\* and Sandy Thurston

Maris Wacs

<sup>\*</sup> deceased





#### A Vision for the Future

As a former Board Chair and a former Executive Director, we were honored to Co-Chair the Strategic Planning Task Force. Over the past 18 months, the Task Force, High Hopes staff and Board have worked diligently to gather and analyze information from internal and external sources. These activities enabled us to identify four strategic initiatives which determine organizational focus into the future.

#### Workforce Development

High Hopes will recruit, develop and retain a relevant workforce, (staff and volunteer) to foster the successful execution of its mission and respond to the evolving needs of the organization.

#### Serving the Community

High Hopes will deliver professional and compassionate programming and services that are innovative, impactful, accessible, inclusive and responsive.

#### **Finance**

High Hopes will create a robust and sustainable operating model to support future program innovation and growth through diversification and expansion of funding sources.

#### Communications

High Hopes will build and strengthen community awareness of its mission and the impact of its evolving services.



As we look toward the future, the Board and staff have recommitted to the Mission, Vision and Values.

#### Our Mission:

The mission of High hopes is to foster a vibrant community where horse and human interactions improve lives.

#### Our Vision:

High Hopes envisions a future where equine assisted services and programs transform and enrich the lives of our participants and volunteers promoting a more engaged, resilient and fulfilled life.

#### Our Values:

Quality

Teamwork

Education

Leadership and Innovation

Serving the Community





Margaret (Mac) Mummert Alison Zack Darrell









# THIS YEAR AT HIGH HOPES

6,151 services provided

to 1,405 participants

by 15 instructors

22 horses

127-acre farm protected from development

30 acres of pastures, 3 miles of riding and driving trails

387 volunteers 12,679 hours donated

\$438,186 value of donated service hours

92% – percentage of workforce served by volunteers.

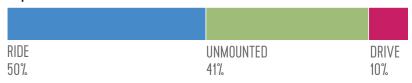
\$1,372,000 new gifts and pledges to support current operations

\$600,000 new planned gifts to support our future

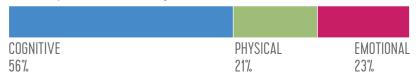
**1,367** donors

More than 500~guests and \$372,000 raised at the Big Barn Bash

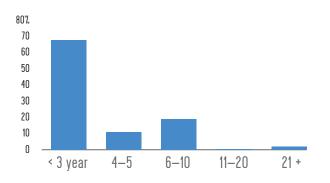
#### **Equine Assisted Activities**



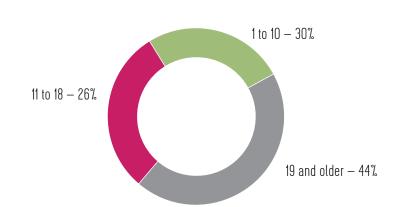
#### Primary Declared Diagnosis



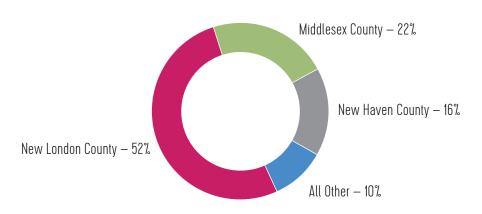
#### Volunteers: Length of Service



#### Ages of our Participants by Percent



#### Home Locations of Participants

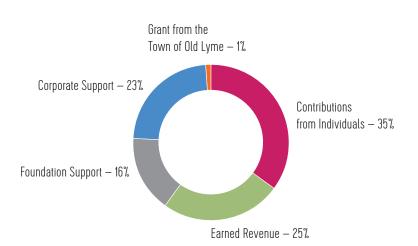




### Statement of Financial Position YEAR ENDING JUNE 30, 2023

Assets	
CURRENT ASSETS	
Cash and Cash Equivalents	\$167,598
Pledge and Other Receivables	365,756
Prepaid Expenses	2,664
TOTAL CURRENT ASSETS	\$536,018
Property and Equipment — Net	\$1,375,998
LONG-TERM ASSETS	
Investments	6,473,249
TOTAL LONG-TERM ASSETS	\$6,473,249
TOTAL ASSETS	\$8,385,265

#### Support and Revenue

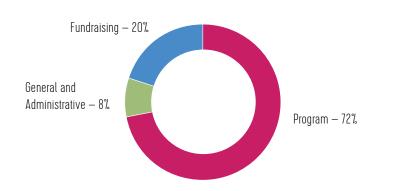


#### Liabilities and Net Assets

CURRENT LIABILITIES	
Accounts Payable and Accrued Expenses	\$83,402
Note Payable	5,204
Advance Fees for Services	46,117
TOTAL CURRENT LIABILITIES	\$134,723
NET ASSETS	
Without Donor Restrictions	\$1,427,476
With Donor Restrictions	6,823,066
TOTAL NET ASSETS	\$8,250,542

TOTAL LIABILITIES AND NET ASSETS	\$8,385,265
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#### Functional Expenses



### **Trustees**

Sarah Hill Canning John Catlett Liz Doering Scott Douglas Mark Fader Jackie Kangley Sarah Kitchings Keenan Todd Machnik Margaret Mummert Landon Potts Jeff Ridgway Gary Rogers Priya Tandon Greg Varga Maris Wacs Peter Watt Natalie Yonker







