



P.O. BOX 372, ESSEX, CT 06426 • WWW.PETTIPAUG.COM

Pettipaug Sailing Academy

Pettipaug Sailing Academy (PSA) is an instructional summer sailing program located on the CT River in Essex. PSA is all about fun on the water and teaching many important life lessons along the way such as sailing skills, racing, adapting to the forces of nature, personal responsibility and sportsmanship.

Typically, over 120 local children attend each summer. They are supported and taught by 10 local teenage Junior Instructor volunteers and 8 US Sailing certified Instructors.

All interested children age 8 and up are welcome. The fee to participate is extremely reasonable and on par with local Park & Rec specialty programs. Boats and equipment are provided. Full and partial scholarships are available. Applying for a scholarship is a simple, private process. No interested child is turned away.

The PSA junior sailing program is unique. Unlike other sports, you do not have to start at an early age with tons of lessons and experience to be able to participate or excel. There is a group and boat for everyone. Sailors have the opportunity to sail locally or as they progress, attend regattas and participate in events at other yacht clubs in Eastern Long Island Sound.

The programs affordability and acceptance allows families to have a safe place for their children to spend summers on the water while learning a new sport. They meet sailors from different towns (tri-town, Old Lyme and Westbrook), learn, grow and create lifelong memories.

Pettipaug Sailing Academy is also a great place for teens to gain their first work experience by volunteering as a Junior Instructor (JI). JI's help with the younger children in the morning and then sail on their own in the afternoon. This full day opportunity allows working parents peace of mind knowing their teens are in a safe, constructive, positive environment for the day while also gaining job skills they will use the rest of their lives.

Sailing is the perfect sport in a Covid environment. It is outdoors and with protocols in place and planning, can be done socially distanced. Parents can feel good their children have an activity available to them that is safe.

Securing the appropriate PPE and cleaning supplies, including buffs (summer neck gaiter) for Instructors and children would be needed. Any funds donated through the Community Investment Program would likely go towards Covid costs, allowing us to maintain our reasonable participation fees.



Junior Sailing Program in Essex, CT

The **Pettipaug Sailing Academy (PSA)** is an instructional sailing program for juniors, ages 8 and up. It is conducted from late June to mid-August at the Pettipaug Yacht Club. There are two 3 week sessions during the season; each session is divided into morning and afternoon classes. Morning classes typically are for beginners and junior sailors ages 8 to 11, when the winds are the lightest. Afternoon classes are for older returning sailors.

PSA is all about FUN on the water and teaching many important life lessons along the way – sailing/racing skills, adapting to the forces of nature, personal responsibility and sportsmanship, to name a few.



Classes are conducted in Optimist dinghies, C/C 420s, O'pen BIC and Lasers. Boat ownership is not required.

The PSA Director is supported by eight certified US Sailing instructors also trained in first aid and CPR.

TO REGISTER: Go to www.pettipaug.com.
Registration forms are on the Junior Sailing (PSA)
tab to the left.

